

The Mentors

Our Mentors are professionals trained to function in the following roles:

- ◆ **Teacher but Not Parent:** Assisting mentee in setting developmental goals and plans to achieve them.
- ◆ **Counselor but Not Therapist:** Discussing life challenges or concerns impeding performance or career growth.
- ◆ **Guide but Not Parole Officer:** Sharing wisdom and knowledge gained from personal experiences to assist with personal development.
- ◆ **Challenging but Not Punitive:** Providing objective and honest feedback.

Evidence to Support

- ◆ There have been numerous studies to indicate that mentoring works. One of these studies, "Mentoring: A Promising Strategy for Youth Development" found that youth who participate in mentoring relationships experience a number of positive benefits.
- ◆ In terms of educational achievement, mentored youth have better school attendance; a better chance of going on to higher education; and better attitudes towards school.
- ◆ In terms of health and safety, mentoring appears to help prevent substance abuse and reduce some negative youth behaviors.
- ◆ On the social and emotional development front, taking part in mentoring promotes positive social attitudes and relationships. Mentored youth tend to trust their parents more and communicate better with them.

Philosophy

A hundred years from now
it will not matter what my bank
account was, the sort of house I lived
in, or the kind of car I drove... but the
world may be different because I was
important in the life of a child.

Forest E. Witcraft

Teacher, Scholar

Creating Empowering Futures Through Mentoring

Referrals

To make a referral or to contact Destiny for services, kindly call the number listed Monday thru Friday 8 a.m.– 5 p.m.

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Destiny Services Mentorship Program



Lawyer

Psychiatrist

Engineer

Positive Choices,

Behaviors & Lifestyles

Teacher

Web Designer

Doctor

Chef

Social Worker

President



Goal

To provide early intervention through a structured mentor relationship which gives youth the tools needed to effectively make positive decisions in dealing with personal and social problems.



Objectives

- ◆ **Provide young people with a vital sense of belonging.**
- ◆ **Give young people a sense that the greater community also cares about them.**
- ◆ **Support young people on their journey to discover their true potential.**
- ◆ **Provide young people with access to the resources necessary to achieve social and academic success.**
- ◆ **Increase participation in elementary and secondary education and enhance their ability to benefit from this schooling.**
- ◆ **Discourage use of illegal drugs and firearms, involvement in violence, gangs and other delinquent activity by participants.**
- ◆ **Work with parents, guardians, and other agencies to encourage youth participation in service, family and community activities.**

Expectations

- ◆ Exposure to positive role model
- ◆ Assistance in focusing on their strengths (assets) which will help the to attain academic and career goals
- ◆ Ability to relate to people of all backgrounds and cultures which is a requisite for success in today's global society
- ◆ A concerned and trusted mentor
- ◆ Encouragement/motivation for emotional and social growth
- ◆ Increased self confidence, self-worth, and self-awareness
- ◆ Skills to make positive healthy decisions and positively interact with peers and adults
- ◆ Positive attitudes about school
- ◆ Positive relationships with parents, teachers, and staff at school
- ◆ Improved interpersonal skills
- ◆ Decreased likelihood of initiating drug or alcohol use



Target Population

The Mentoring Program provide services to children and adolescents 5 to 18 years of age who are Experiencing behavioral problems that are preventing Then from the achievement of personal development And career goals.

Mentoring Program Uniqueness

The introductory activities and ongoing programs involve skills building activities in which the mentor and mentee engage in an exploration and enhancement of the mentee's strengths, gifts, and skill sets. The mentor's goal is to create at the very beginning a sense of worth and open the door for a trusting relationship. The program uses the 40 developmental assets where the emphasis is on positive development of assets and not primarily fixing youth.

Challenges Addressed

- Low Self-Esteem**
- Self Image**
- Self Worth**
- Peer Pressure**
- Bullying**
- Conflict Resolution**
- Child Abuse and Family Violence**
- School Safety and Violence**
- Nutrition and Health Care**
- Low Academic Performance**

Mentoring